

## Welcome

*Welcome to St. Paul's Episcopal Cathedral; we are so glad you are here. St. Paul's is a safe and welcoming place for all people. If you are new to St. Paul's we encourage you to get connected with our weekly email newsletter. You can sign up online at [stpaulsokc.org](http://stpaulsokc.org).*

*A friendly reminder to those who are worshiping in-person, please have your mask on (covering your mouth and nose) and maintain social distancing at all times during the service. Additionally, we cannot have congregational singing at this time, so during the hymns we invite you to listen to the Schola Cantorum and follow along with the words printed in the bulletin. We thank you in advance for adhering to these Diocesan protocols which keep us all safe and allow for us to worship in-person.*

## Prelude

*Music for Harp  
Vanille  
Bernard Andres*

## Processional Hymn

*Hymnal 381*

**[Please stand as you are able]**

1. Thy strong word did cleave the darkness;  
at thy speaking it was done;  
for created light we thank thee,  
while thine ordered seasons run:  
Alleluia, alleluia! Praise to thee who light dost send!  
Alleluia, alleluia! Alleluia without end!
2. Lo, on those who dwelt in darkness,  
dark as night and deep as death,  
broke the light of thy salvation,  
breathed thine own life giving breath:  
Alleluia, alleluia! Praise to thee who light dost send!  
Alleluia, alleluia! Alleluia without end!
3. Thy strong word bespeaks us righteous;  
bright with thine own holiness,  
glorious now, we press toward glory,  
and our lives our hopes confess:  
Alleluia, alleluia! Praise to thee who light dost send!  
Alleluia, alleluia! Alleluia without end!
4. God the Father, Light Creator,  
to thee laud and honor be;  
to thee, Light of Light begotten,  
praise be sung eternally;  
Holy Spirit, Light Revealer, glory, glory be to thee:  
mortals, angels, now and ever  
praise the Holy Trinity.

## Opening Acclamation

BCP 355

Blessed be God: Father, Son, and Holy Spirit.  
**And blessed be his kingdom, now and forever.**  
**Amen.**

## Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.  
**Amen.**

## Canticle 11

The Third Song of Isaiah: Surge, illuminare  
*Isaiah 60:1-3, 11a, 14c, 18-19*

*{Sung by the Schola}*

Arise, shine, for your light has come, \*  
and the glory of the Lord has  
dawned upon you.  
For behold, darkness covers the land; \*  
deep gloom enshrouds the peoples.  
But over you the Lord will rise, \*  
and his glory will appear upon you.  
Nations will stream to your light, \*  
and kings to the brightness  
of your dawning.  
Your gates will always be open; \*  
by day or night they will never be shut.  
They will call you, The City of the Lord, \*  
The Zion of the Holy One of Israel.  
Violence will no more be heard in your land, \*  
ruin or destruction within your borders.  
You will call your walls, Salvation, \*  
and all your portals, Praise.  
The sun will no more be your light by day; \*  
by night you will not need the  
brightness of the moon.

## Collect of the Day

BCP 215

The Lord be with you.  
**And also with you.**

Let us pray.  
Give us grace, O Lord, to answer readily the call of our Savior Jesus Christ and proclaim to all people the Good News of his salvation, that we and the whole world may perceive the glory of his marvelous works; who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## Lesson

*Jonah 3:1-5,10*

A Reading from the Book of Jonah.

The word of the LORD came to Jonah a second time, saying, "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days' walk across. Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth. When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

The Word of the Lord.  
**Thanks be to God.**

## Psalm 62:6-14

### S 415

Jerome Webster Meachen  
(b. 1930)



1956, Jerome Webster Meachen.

For God alone my soul in silence / waits; \*  
truly, my hope is in / him.

He alone is my rock and my sal/vation, \*  
my stronghold, so that I shall not be / shaken.

In God is my safety and my / honor; \*  
God is my strong rock and my / refuge.

Put your trust in him always, O / people, \*  
pour out your hearts before him,  
for God is our / refuge.

Those of high degree are but a fleeting / breath, \*  
even those of low estate cannot be / trusted.

On the scales they are lighter than a / breath, \*  
all of them to/gether.

Put no trust in extortion;  
in robbery take no empty / pride; \*  
though wealth increase, set not your heart up/on it.

God has spoken once, twice have I / heard it, \*  
that power belongs to / God.

Steadfast love is yours, O / Lord, \*  
for you repay everyone according to his / deeds.

## Lesson

*1 Corinthians 7:29-31*

A Reading from the First Epistle to the Corinthians.

I mean, brothers and sisters, the appointed time has grown short; from now on, let even those who have wives be as though they had none, and those who mourn as though they were not mourning, and those who rejoice as though they were not rejoicing, and those who buy as though they had no possessions, and those who deal with the world as though they had no dealings with it. For the present form of this world is passing away.

The Word of the Lord.

**Thanks be to God.**

## Gospel Hymn

*Hymnal 661*

**[Please stand as you are able]**

1. They cast their nets in Galilee  
just off the hills of brown;  
such happy, simple fisher folk,  
before the Lord came down.
2. Contented, peaceful fishermen,  
before they ever knew  
the peace of God that filled their hearts  
brimful, and broke them too.
3. Young John who trimmed the flapping sail,  
homeless, in Patmos died.  
Peter, who hauled the teeming net,  
head-down was crucified.
4. The peace of God, it is no peace,  
but strife closed in the sod.  
Yet let us pray for but one thing  
the marvelous peace of God.

## Gospel

Mark 1:14-20

The Holy Gospel of our Lord Jesus Christ according to Mark.

**Glory to you, Lord Christ.**

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, “The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.” As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea-- for they were fishermen. And Jesus said to them, “Follow me and I will make you fish for people.” And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

The Gospel of the Lord.

**Praise to you, Lord Christ.**

## Sermon

[You may be seated after  
the sermon opening prayer]

*The Very Rev. Katie Churchwell*

[After the sermon there will be a moment of  
silence for private meditation]

## Nicene Creed

BCP 358

[Please stand as you are able]

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius  
Pilate;  
he suffered death and was buried.  
On the third day  
he rose again in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living  
and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son  
he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic  
and apostolic Church.  
We acknowledge one baptism  
for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## Prayers of the People: Form VI *BCP 392*

*The Leader and People pray responsively*

In peace, we pray to you, Lord God.

*Silence*

For all people in their daily life and work;

**For our families, friends, and neighbors, and for those who are alone.**

For this community, the nation, and the world;

**For all who work for justice, freedom, and peace.**

For the just and proper use of your creation;

**For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble;

**For those who minister to the sick, the friendless, and the needy.**

For the peace and unity of the Church of God;

**For all who proclaim the Gospel, and all who seek the Truth.**

For Justin, Archbishop of Canterbury; Daniel, Bishop of Uruguay; Michael, our Presiding Bishop; Poulson, our Bishop; and the clergy and people of the diocese of Oklahoma and our companion diocese of Uruguay.

**For all who serve God in his Church.**

For the special needs and concerns of this congregation.

*Silence*

*The People may add their own petitions*

*The Intercessor will pray the Cathedral prayer list*

Hear us, Lord;

**For your mercy is great.**

We thank you, Lord, for all the blessings of this life.

*Silence*

*The People may add their own thanksgivings*

We will exalt you, O God our King;

**And praise your Name for ever and ever.**

We pray for all who have died, that they may have a place in your eternal kingdom.

*Silence*

*The People may add their own petitions*

Lord, let your loving-kindness be upon them;

**Who put their trust in you.**

We pray to you also for the forgiveness of our sins.

*Silence may be kept.*

*Leader and People*

**Have mercy upon us, most merciful Father;**

**in your compassion forgive us our sins,**

**known and unknown,**

**things done and left undone;**

**and so uphold us by your Spirit**

**that we may live and serve you in newness of life,**

**to the honor and glory of your Name;**

**through Jesus Christ our Lord. Amen.**

*The Celebrant concludes with an absolution.*

## Absolution

*BCP 360*

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

## Peace

*BCP 360*

**[Please stand as you are able]**

The peace of the Lord be always with you.

**And also with you.**

**[You may share a greeting of peace  
with those near you without touching]**

## Children's Message

**[You may be seated]**

*The Rev. Canon Tim Sean Youmans*

## Announcements

### Offertory Sentence *BCP 376, Ephesians 5:2*

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

## Offertory Anthem

O Lord, in thee is all my trust.  
Give ear unto my woeful cries.  
Refuse me not, that am unjust,  
but bowing down thy heav'only eyes  
    behold how I do still lament  
    my sins wherein I thee offend.  
O Lord, for them shall I be shent\*,  
sith\* thee to please I do intend?

No, no, not so! Thy will is bent  
to deal with sinners in thine ire:  
but when in heart they shall repent  
Thou grant'st with speed their just desire.  
To thee therefore still shall I cry,  
to wash away my sinful crime.  
Thy blood, O Lord, is not yet dry,  
but that it may help me in time.

Haste now, O Lord, haste now, I say,  
to pour on me the gifts of grace  
That when this life must flit away  
in heav'n with thee I may have place  
where thou dost reign eternally  
with God which once did down thee send.  
Where angels sing continually:  
"To thee be praise, world without end."  
Amen.

\* shent: to be embarrassed by

\*sith : since

*Music: Thomas Tallis*

## Great Thanksgiving *Eucharistic Prayer C* *BCP 369*

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks unto our Lord God.

**It is right to give him thanks and praise.**

God of all power, Ruler of the Universe, you are worthy of glory and praise.

**Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

**By your will they were created and have their being.**

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

**Have mercy, Lord, for we are sinners in your sight.**

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

**By his blood, he reconciled us.**

**By his wounds, we are healed.**

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

## Sanctus

*Hymnal S125*

Holy, Holy, Holy Lord, God of power and might,  
heaven and earth are full of your glory.

Hosanna in the highest. Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest. Hosanna in the highest.

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**We celebrate his death and resurrection, as we await the day of his coming.**

Lord God of our Fathers: God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. AMEN.

## The Lord's Prayer

BCP 364

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come, thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom, and the power,  
and the glory, for ever and ever. Amen.**

## Fraction

Hymnal S154

Alleluia, alleluia, alleluia.  
Christ our Passover is sacrificed for us;  
therefore let us keep the feast.  
Alleluia, alleluia, alleluia.

## Invitation to Communion

The Gifts of God for the People of God.  
Take them in remembrance that Christ died for you,  
and feed on him in your hearts by faith, with thanksgiving.

## Communion of the People

[You may be seated]

*During this season of coronavirus we will have communion in one kind only (the bread). The celebrant will consume the consecrated wine on behalf of the congregation. While this may feel incomplete to some, our tradition tells us that to receive communion in one kind (bread or wine) is to receive communion fully. We will return to communion in both kinds when we can safely do so.*

*Please sanitize your hands before before and after receiving. To receive, move toward the front of the church when the usher indicates it is your turn. Please maintain social distancing from others in the communion line. When it is your turn to receive, you can extend your hands and receive the host, walk away from the priest, and then quickly pull down your mask to consume. Please replace your mask immediately after receiving.*

*If you wish to refrain from communion, you can come forward to receive a contact free blessing. Cross your arms over your chest to indicate you would like a blessing.*

*If you require a gluten-free wafer please tell the priest when you come forward.*



## Communion Music

*Music for Harp*  
*Pavana*  
*Gabriel Faure, arr. Burton*

## Post-communion Prayer

*BCP 366*

Let us pray.

**[Please stand or kneel as you are able]**

**Almighty and everliving God,  
we thank you for feeding us with  
the spiritual food  
of the most precious Body and Blood  
of your Son our Savior Jesus Christ;  
and for assuring us in these holy mysteries  
that we are living members of the Body  
of your Son,  
and heirs of your eternal kingdom.  
And now, Father, send us out  
to do the work you have given us to do,  
to love and serve you  
as faithful witnesses of Christ our Lord.  
To him, to you, and to the Holy Spirit,  
be honor and glory, now and for ever. Amen.**

## Epiphany Blessing

*Book of Occasional Services*

May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty the Father, the Son, and the Holy Spirit, be among you, and remain with you always. Amen.

## The Dismissal

Go in peace to love and serve the Lord.

**Thanks be to God.**

## Closing Hymn

*Hymnal 500*

**[Please stand as you are able]**

1. Jesus calls us; o'er the tumult  
of our life's wild, restless sea,  
day by day his clear voice soundeth,  
saying, "Christian, follow me;"
2. As, of old, Saint Andrew heard it  
by the Galilean lake,  
turned from home and toil and kindred,  
leaving all for his dear sake.
3. Jesus calls us from the worship  
of the vain world's golden store;  
from each idol that would keep us,  
saying, "Christian, love me more."
4. In our joys and in our sorrows,  
days of toil and hours of ease,  
still he calls, in cares and pleasures,  
"Christian, love me more than these."
5. Jesus calls us! By thy mercies,  
Savior, may we hear thy call,  
give our hearts to thine obedience,  
serve and love thee best of all.

## Postlude

*Music for Harp*  
*Passacaille*  
*G.F. Handel, arr. Beon*

## **TODAY'S MUSIC**

Today we welcome the return of harpist Gaye LeBlanc Germain to our service. We are glad to have her back with us!

The Anthem is much like a part-song or hymn in that the music is the same for all three stanzas of the poem. This is called a “strophic” compositional form. Tallis (c.1505 – 1585); also Thomas Tallys or Thomas Tall-es, was an English composer who occupies a primary place in the history of English choral music. He is considered one of England’s greatest composers, and he is honored for his development of English music.

## **HYMN NOTES**

### **Thy strong word did cleave the darkness - Hymnal 381**

Franzmann wrote this text in 1954 for Concordia Lutheran Seminary, St. Louis, and based it on the seminary motto “Anothen to Phos” (From the Light). It is a powerful, positive text on the strength of God’s Word. The tune is the famous Welsh TON-Y-BOTEL (Tune in a bottle) which, according to the story, was found washed up on the shore in a glass bottle.

### **They cast their nets - Hymnal 661**

The miracle of the great catch at Galilee as related in Luke 5:1 is the biblical basis for this text, which first appeared, matched with this tune, in the Hymnal 1940. The music was composed by David McK. Williams during his tenure as Organist-Choirmaster at St. Bartholomew’s Church in New York City. The tune name GEORGETOWN derives from his friendship with The Rev. F. Bland Tucker who was rector of St. John’s Church, Georgetown Parish in Washington, D.C.

### **Jesus calls us; o’er the tumult - Hymnal 550**

“A namby-pamby, childish style is most unpleasing to children. It is surprising how soon they can understand and follow a high order of poetry,” Thus wrote Cecil Frances Alexander, author of this hymn. She was a 19th century educator in her native Ireland and wrote many hymns for children to illuminate and expand the Catechism. This hymn was intended for St. Andrew’s Day.

### **Celebrant:**

The Rev. Canon Susan Colley Joplin

**Preacher:** The Very Rev. Katie Churchwell

### **Assisting Clergy:**

The Rev. Canon Tim Sean Youmans

**Acolytes:** Emily McDonald, Anne Booton

### **Children’s Message:**

The Rev. Canon Tim Sean Youmans

**Canon Musician:** Scott Raab

**Harpist:** Gaye LeBlanc Germain

### **Cathedral Schola Cantorum:**

Leah McDonald, Jeanise Wynn  
Dustin Morningstar, Richard Jobe

### **St. Paul's Cathedral Clergy**

The Very Reverend Katie Churchwell, *Dean*  
The Reverend Canon Susan Colley Joplin, *Canon for Spirituality*  
The Reverend Canon Tim Sean Youmans, *Canon for Youth and Families*  
The Reverend Gerald Butcher, *Deacon*  
The Reverend Marilyn Robertson, *Deacon and Cathedral Nurse*

### **St. Paul's Cathedral Staff**

Jack Wise, *Parish Administrator*  
Ashley Ozan, *Children and Family Minister*  
Debbie Blossom, *Communications Coordinator*  
David Bradley, *Sexton*  
Paula Geisinger, *Bookkeeper*  
Mary Reynolds, *Audio-Visual Coordinator*  
Bootsie, *Cathedral Cat*

H. Scott Raab, *Canon Musician*  
*Schola Cantorum*  
Richard Jobe, Leah McDonald,  
Dustin Morningstar, Jeanise Wynn

### **St. Paul's Cathedral**

**127 NW 7th Street Oklahoma City, OK 73102**  
**[www.stpaulsokc.org](http://www.stpaulsokc.org)**  
**405-235-3436**

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