



The Fourth Sunday in Lent
Laetare Sunday
Holy Eucharist, Rite I
11:15 AM, March 19, 2023

St. Paul's Cathedral is a vibrant Episcopal church in the heart of downtown Oklahoma City. Deeply rooted in the ministry and teachings of Jesus Christ and the traditions of the Episcopal Church, St. Paul's is the spiritual center of the Diocese of Oklahoma. We are committed to being a place for all who seek and share God's unconditional and abundant love, which calls us to comfort and stand with the vulnerable and each other. All are invited; all are welcome.

Please see the back page for code to scan for welcome information.

The congregation is asked to remain silent during the prelude as a time of prayer and meditation.

PRELUDE

"Adoro te devote"

Rebecca Groom te Velde (b. 1956)

CHORAL INTROIT

Thomas Tallis (1505-1585)

If ye love me, keep my commandments.
And I will pray the Father, and he shall give you another comforter,
that he may 'bide with you forever;
E'en the spirit of truth.

SILENT PROCESSION

THE WORD OF GOD

BCP p. 323

The people standing, the Celebrant sings

Celebrant

Bless the Lord who forgiveth all our sins.

People

His mercy endureth for ever.

Almighty God, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly

love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen.

TRISAGION *(sung three times)*

Hymnal S102

Ho - ly God, Ho - ly and Might - y,
Ho - ly Im - mor - tal One, Have mer - cy up - on us.

Celebrant *People*
The Lord be with you. And with thy spi - rit.

Celebrant Let us pray.

THE COLLECT OF THE DAY

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which giveth life to the world: Evermore give us this bread, that he may live in us, and we in him; who liveth and reigneth with thee and the Holy Spirit, one God, now and for ever.

People Amen.

THE LESSONS

The people sit.

FIRST READING

1 Samuel 16:1-13

Lector A Reading from the First Book of Samuel.

The Lord said to Samuel, "How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons." Samuel said, "How can I go? If Saul hears of it, he will kill me." And the Lord said, "Take a heifer with you, and say, 'I have come to sacrifice to the Lord.' Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the one whom I name to you." Samuel did what the Lord commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, "Do you come peaceably?" He said, "Peaceably; I have come to sacrifice to the Lord; sanctify yourselves and come with me to the sacrifice." And he sanctified Jesse and his sons and invited them to the sacrifice. When they came, he looked on Eliab and thought, "Surely the Lord's anointed is now

before the Lord.” But the Lord said to Samuel, “Do not look on his appearance or on the height of his stature, because I have rejected him; for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart.” Then Jesse called Abinadab, and made him pass before Samuel. He said, “Neither has the Lord chosen this one.” Then Jesse made Shammah pass by. And he said, “Neither has the Lord chosen this one.” Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, “The Lord has not chosen any of these.” Samuel said to Jesse, “Are all your sons here?” And he said, “There remains yet the youngest, but he is keeping the sheep.” And Samuel said to Jesse, “Send and bring him; for we will not sit down until he comes here.” He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The Lord said, “Rise and anoint him; for this is the one.” Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the Lord came mightily upon David from that day forward. Samuel then set out and went to Ramah.

People The Word of the Lord.
 Thanks be to God.

PSALM 23 (*sung by the choir*)
Chant by John Goss

- 1 The Lord is my | shepherd; *
 I shall not | be in want.

- 2 He makes me lie down in green | pastures; *
 and leads me be- | side still waters.

- 3 He re- | vives my soul; *
 And guides me along right pathways for | his Name’s
 sake.

- 4 Though I walk through the valley of the shadow of
 death, I shall fear no | evil; *
 for you are with me, your rod and your staff they
 | comfort me.

- 5 You spread a table before me in the presence of
 those who | trouble me; *
 You have anointed my head with oil and my cup is |
 running over.

- 6 Surely your goodness and mercy shall follow me all
 the | days of • my life, *
 and I will dwell in the house of the | Lord for ever.

SECOND READING

Ephesians 5:8-14

Lector A Reading from the Epistle to the Ephesians.

Once you were darkness, but now in the Lord you are light. Live as children of light— for the fruit of the light is found in all that is good and right and true. Try to find out what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is shameful even to mention what such people do secretly; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore it says, “Sleeper, awake! Rise from the dead, and Christ will shine on you.”

The Word of the Lord.

People **Thanks be to God.**

All standing.

SEQUENCE HYMN 429

“I’ll Praise My Maker While I’ve Breath”

Old 113th

GOSPEL

John 9:1-41

Gospeller The Holy Gospel of our Lord Jesus Christ, according to John.

People **Glory be to thee, O Lord.**

As Jesus walked along, he saw a man blind from birth. His disciples asked him, “Rabbi, who sinned, this man or his parents, that he was born blind?” Jesus answered, “Neither this man nor his parents sinned; he was born blind so that God’s works might be revealed in him. We must work the works of him who sent me while it is day; night is coming when no one can work. As long as I am in the world, I am the light of the world.” When he had said this, he spat on the ground and made mud with the saliva and spread the mud on the man’s eyes, saying to him, “Go, wash in the pool of Siloam” (which means Sent). Then he went and washed and came back able to see. The neighbors and those who had seen him before as a beggar began to ask, “Is this not the man who used to sit and beg?” Some were saying, “It is he.” Others were saying, “No, but it is someone like him.” He kept saying, “I am the man.” But they kept asking him, “Then how were your eyes opened?” He answered, “The man called Jesus made mud, spread it on my eyes, and said to me, ‘Go to Siloam and wash.’ Then I went and washed and received my sight.” They said to him, “Where is he?” He said, “I do not know.” They brought to the Pharisees the man who had formerly been blind. Now it was a sabbath day when Jesus made the mud and opened his eyes. Then the Pharisees also began to ask him how he had received his sight. He said to them, “He put mud on my eyes. Then I washed, and now I see.” Some of the Pharisees said, “This man is not from God, for he does not observe the sabbath.” But others said, “How can a man who is a sinner perform such signs?” And they were divided. So they said again to the blind man, “What do you say about him? It was your eyes

he opened." He said, "He is a prophet." The Jews did not believe that he had been blind and had received his sight until they called the parents of the man who had received his sight and asked them, "Is this your son, who you say was born blind? How then does he now see?" His parents answered, "We know that this is our son, and that he was born blind; but we do not know how it is that now he sees, nor do we know who opened his eyes. Ask him; he is of age. He will speak for himself." His parents said this because they were afraid of the Jews; for the Jews had already agreed that anyone who confessed Jesus to be the Messiah would be put out of the synagogue. Therefore his parents said, "He is of age; ask him." So for the second time they called the man who had been blind, and they said to him, "Give glory to God! We know that this man is a sinner." He answered, "I do not know whether he is a sinner. One thing I do know, that though I was blind, now I see." They said to him, "What did he do to you? How did he open your eyes?" He answered them, "I have told you already, and you would not listen. Why do you want to hear it again? Do you also want to become his disciples?" Then they reviled him, saying, "You are his disciple, but we are disciples of Moses. We know that God has spoken to Moses, but as for this man, we do not know where he comes from." The man answered, "Here is an astonishing thing! You do not know where he comes from, and yet he opened my eyes. We know that God does not listen to sinners, but he does listen to one who worships him and obeys his will. Never since the world began has it been heard that anyone opened the eyes of a person born blind. If this man were not from God, he could do nothing." They answered him, "You were born entirely in sins, and are you trying to teach us?" And they drove him out. Jesus heard that they had driven him out, and when he found him, he said, "Do you believe in the Son of Man?" He answered, "And who is he, sir? Tell me, so that I may believe in him." Jesus said to him, "You have seen him, and the one speaking with you is he." He said, "Lord, I believe." And he worshiped him. Jesus said, "I came into this world for judgment so that those who do not see may see, and those who do see may become blind." Some of the Pharisees near him heard this and said to him, "Surely we are not blind, are we?" Jesus said to them, "If you were blind, you would not have sin. But now that you say, 'We see,' your sin remains."

The Gospel of the Lord.

People

Praise be to thee, O Christ.

THE SERMON

The Very Rev. Katie Churchwell

All standing.

THE NICENE CREED

BCP p. 326

**We believe in one God,
the Father, the Almighty,**

maker of heaven and earth,
 of all that is, seen and unseen.
 We believe in one Lord, Jesus Christ,
 the only Son of God,
 eternally begotten of the Father,
 God from God, Light from Light,
 true God from true God,
 begotten, not made,
 of one Being with the Father.
 Through him all things were made.
 For us and for our salvation
 he came down from heaven:
 by the power of the Holy Spirit
 he became incarnate from the Virgin Mary,
 and was made man.
 For our sake he was crucified under Pontius Pilate;
 he suffered death and was buried.
 On the third day he rose again
 in accordance with the Scriptures;
 he ascended into heaven
 and is seated at the right hand of the Father.
 He will come again in glory to judge the living and the dead,
 and his kingdom will have no end.
 We believe in the Holy Spirit,
 the Lord, the giver of life,
 who proceeds from the Father and the Son.
 With the Father and the Son
 he is worshiped and glorified.
 He has spoken through the Prophets.
 We believe in one holy catholic and apostolic
 Church.
 We acknowledge one baptism for the forgiveness of
 sins.
 We look for the resurrection of the dead,
 and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

BCP p. 328

The Deacon or other person appointed says

Let us pray for the whole state of Christ's Church and the world.

Almighty and everliving God, who in thy holy Word hast taught us to make prayers, and supplications, and to give thanks for all men: Receive these our prayers which we offer unto thy divine Majesty, beseeching thee to inspire continually the Universal Church with the spirit of truth, unity, and concord; and grant that all those who do confess thy holy Name may agree in the truth of thy holy Word, and live in unity and godly love.

Give grace, O heavenly Father, to all bishops and other ministers, especially Justin, Archbishop of Canterbury; Daniel, Bishop of Uruguay; Michael, our Presiding Bishop; Poulson, our Bishop; and the clergy and people of the diocese of Oklahoma and our companion

diocese of Uruguay, that they may, both by their life and doctrine, set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments.

And to all thy people give thy heavenly grace, and especially to this congregation here present; that, with meek heart and due reverence, they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life.

We beseech thee also so to rule the hearts of those who bear the authority of government in this and every land, especially for Joe, our President; Kevin, our Governor; and David, our Mayor, that they may be led to wise decisions and right actions for the welfare and peace of the world.

Open, O Lord, the eyes of all people to behold thy gracious hand in all thy works, that, rejoicing in thy whole creation, they may honor thee with their substance, and be faithful stewards of thy bounty.

And we most humbly beseech thee, of thy goodness, O Lord, to comfort and succor all those who in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

Additional petitions and thanksgivings may be included here.

And we also bless thy holy Name for all thy servants departed this life in thy faith and fear, especially (*names*), beseeching thee to grant them continual growth in thy love and service; and to grant us grace so to follow the good examples of St. Paul, St. Oakerhater, St. Nicholas and of all thy saints, that with them we may be partakers of thy heavenly kingdom.

Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. **Amen.**

CONFESSION OF SIN

BCP p. 320

All stand or kneel. Silence is kept. The Deacon or Celebrant says the following

Let us humbly confess our sins unto Almighty God.

Minister and People

**Almighty and most merciful father,
we have erred and strayed from thy ways like lost
sheep,
we have followed too much the devices and desires
of our own hearts,
we have offended against thy holy laws,
we have left undone those things which we ought to
have done,
and we have done those things which we ought not
to have done.**

**But thou, O Lord, have mercy upon us,
spare thou those who confess their faults,
restore thou those who are penitent,
according to thy promises declared unto mankind
in Christ Jesus our Lord;
and grant, O most merciful Father, for his sake,**

that we may hereafter live a godly, righteous, and sober life,
to the glory of thy holy Name. Amen.

The Priest stands and says

The Almighty and merciful Lord grant you absolution and
remission of all your sins, true repentance, amendment of life, and
the grace and consolation of his Holy Spirit. Amen.

THE PEACE

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People

And with thy spirit.

Then the Ministers and People may greet one another in the name of the Lord.

CHILDREN'S MESSAGE

WELCOME AND ANNOUNCEMENTS

THE HOLY COMMUNION

The Celebrant begins the Offertory

If you are offering your gift at the altar, and there remember that your
brother or sister has something against you, leave your gift there
before the altar and go; first be reconciled, and then come and offer
your gift.

Matthew 5:23, 24

THE OFFERTORY

*Please place your offering in the alms basin, send a text message to 73256 and enter
Stpaulsokc\$ and an amount,
or scan the QR code on the back page to give online.*

OFFERTORY ANTHEM

Thomas Morley (1557-1602)

Nolo mortem peccatoris; Haec sunt verba Salvatoris.

Father I am thine only Son, sent down from heav'n mankind to
save.

Father, all things fulfilled and done according to thy will, I have.

Father, my will now all is this: *Nolo mortem peccatoris.*

Father, behold my painful smart, taken for man on ev'ry side;
Ev'n from my birth to death most tart, no kind of pain I have
denied,

but suffered all, and all for this: *Nolo mortem peccatoris.*

All stand.

PRESENTATION HYMN



The people remain standing. The Celebrant faces them and sings

Celebrant *People*

The Lord be with you. And with thy spi - rit.

Celebrant *People*

Lift up your hearts. We lift them up un - to the Lord.

Celebrant

Let us give thanks un - to our Lord God.

People

It is meet and right so to do.

Then, facing the Holy Table, the Celebrant proceeds

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, holy Father, almighty, everlasting God. Through Jesus Christ our Lord; who was in every way tempted as we are, yet did not sin; by whose grace we are able to triumph over every evil, and to live no longer unto ourselves, but unto him who died for us and rose again. Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying,

SANCTUS

Hymnal S114

Ho - ly, ho - ly, ho - ly, Lord God of

Hosts: Hea - ven and earth are full of thy glo - ry. Glo -

ry be to thee, O Lord Most High. Bless - ed is he that com - eth

in the name of the Lord. Ho - san - na in the high - est.

The people stand or kneel. Then the Celebrant continues

All glory be to thee, Almighty God, our heavenly Father, for that thou, of thy tender mercy, didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there, by his one oblation of himself once offered, a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death and sacrifice, until his coming again.

At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

For in the night in which he was betrayed, he took bread; and when he had given thanks, he brake it, and gave it to his disciples, saying, "Take, eat, this is my Body, which is given for you. Do this in remembrance of me."

Likewise, after supper, he took the cup; and when he had given thanks, he gave it to them, saying, "Drink ye all of this; for this is my Blood of the New Testament, which is shed for you, and for many, for the remission of sins. Do this, as oft as ye shall drink it, in remembrance of me."

Wherefore, O Lord and heavenly Father, according to the institution of thy dearly beloved Son our Savior Jesus Christ, we, thy humble servants, do celebrate and make here before thy divine Majesty, with these thy holy gifts, which we now offer unto thee, the memorial thy Son hath commanded us to make; having in remembrance his blessed passion and precious death, his mighty resurrection and glorious ascension; rendering unto thee most hearty thanks for the innumerable benefits procured unto us by the same.

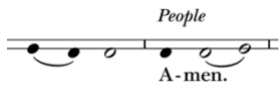
And we most humbly beseech thee, O merciful Father, to hear us; and, of thy almighty goodness, vouchsafe to bless and sanctify, with thy Word and Holy Spirit, these thy gifts and creatures of bread and wine; that we, receiving them according to thy Son our Savior Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood.

And we earnestly desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that, by the merits and death of thy Son Jesus Christ, and through faith in his blood, we, and all thy whole Church, may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, our selves, our souls and bodies, to be a reasonable, holy, and living sacrifice unto thee; humbly beseeching thee that we, and all others who shall be partakers of this Holy Communion, may worthily receive the most precious Body and Blood of thy Son Jesus Christ, be filled with thy grace and heavenly benediction, and made one body with him, that he may dwell in us, and we in him.

And although we are unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service, not weighing our merits, but pardoning our offenses, through Jesus Christ our Lord;

By whom, and with whom, and in whom, in the unity of the Holy Ghost all honor and glory be unto thee, O Father Almighty, world without end.



And now, as our Savior Christ has taught us, we are bold to say,
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Our Fa - ther, who art in hea - ven, hal - low - ed
 be thy Name, thy king - dom come, thy will be done,
 on earth as it is in hea - ven. Give us this day our
 dai - ly bread. And for - give us our tres - pas - ses,
 as we for - give those who tres - pass a - gainst us. And lead
 us not in - to temp - ta - tion, but de - liv - er us
 from e - vil. For thine is the king - dom, and the power,
 and the glo - ry, for ev - er and ev - er. A - men.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

FRACTION ANTHEM

Hymnal S169

Cantor or Choir

My flesh is food in - deed, and my blood is drink in -
 deed, says the Lord. My Lord. Those who eat my
 flesh and drink my blood dwell in me and I in them. My
 flesh is food in - deed, and my blood is drink in - deed, says the Lord.

We do not presume to come to this thy Table, O merciful Lord,
 trusting in our own righteousness, but in thy manifold and great
 mercies. We are not worthy so much as to gather up the crumbs
 under thy Table. But thou art the same Lord whose property is

always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that we may evermore dwell in him, and he in us. Amen.

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God.
Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.

COMMUNION ANTHEM

Giovanni Pierluigi da Palestrina (1525-1594)

*Adoramus Te, Christe,
et benedicimus tibi,
quia per sanctam crucem tuam
redemisti mundum.
Qui passus es pro nobis,
Domine, Domine, miserere nobis.*

We adore Thee, O Christ,
and we bless Thee,
who by Thy Holy Cross
hast redeemed the world.
Thou, who hast suffered death for us,
O Lord, O Lord, have mercy on us.

SENDING OUT OF LAY EUCHARISTIC VISITORS

The Deacon or the Celebrant says

We send you forth bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.
We who are many are one body, because we all share one bread, one cup. Amen.

After Communion, the Celebrant says

Let us pray.

The People may join in saying this prayer

Almighty and everliving God, we most heartily thank thee for that thou dost feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Savior Jesus Christ; and dost assure us thereby of thy favor and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, the blessed company of all faithful people; and are also heirs, through hope, of thy everlasting kingdom. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

The Priest gives the blessing.

Grant, most merciful Lord, to your faithful people pardon and peace, that they may be cleansed from all their sins, and serve you with a quiet mind; through Christ our Lord.

And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

The Deacon, or the Celebrant, dismisses the people with these words

Let us bless the Lord.

People

Thanks be to God.

CLOSING HYMN 567

“Thine Arm, O Lord”

St. Matthew

POSTLUDE

Kyrie, Gott heiliger Geist, BWV 671

J. S. Bach (1685-1750)

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Holy Eucharist Rite I, Psalms, Collects, Prayers of the People, Confession and Absolution, The Peace, Eucharistic Prayer, Post-Communion Prayer and Dismissal.

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The organ prelude, *Adoro te devote*, was written by Rebecca Groom te Velde of Stillwater, OK.
Rebecca has dedicated this work to Canon Musician Emeritus Scott Raab.

St. Paul's Cathedral
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Oklahoma City, OK 73102
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Please scan for welcome information.



Please scan for online giving.



Those serving today:

Celebrant

The Rev. Canon Tim Sean Youmans

Preacher

The Very Rev. Katie Churchwell

Assisting Priest

The Rev. Sarah Smith

Deacon

The Rev. Marilyn Robertson

Canon Musician

Joseph Ripka

Choir

The Cathedral Schola Cantorum

Vergers

Sue Crumbo

Children's Message

Leah McDonald

Acolytes

John Koons, Jackson Bendure, Will Bendure,
Emily McDonald, Trevor Todd

Lectors

Kurt Bielstein (first lesson),
Jeff Erwin (second lesson)

Lay Eucharistic Ministers

Jane Magrath, Debbie Butcher, Jeff Erwin

Intercessor

Debbie Butcher

Oblationer

Ashley Wells

Welcome Team

Madeline Benham

Ushers

Barrie Grubb, Janet Craven,
Chris Henry, Lillie Henry

Altar Guild

Robert Dennis, Dianne Dooley, Carolyn Clifford,
Janet Craven, Lea Eldridge, Molly Rieger

St. Paul's Cathedral Clergy

The Very Reverend Katie Churchwell, *Dean*

The Reverend Sarah Smith, *Curate*

The Reverend Canon Tim Sean Youmans, *Canon for Youth and Families*

The Reverend Gerald Butcher, *Deacon*

The Reverend Marilyn Robertson, *Deacon and Cathedral Nurse*

Vestry

Tim Fischer, *Senior Warden*
Sarah Musler, *Junior Warden*
Carl Stover, *Treasurer*
Samonia Byford, *Clerk*
Melissa Heuer
John Koons

Kelly Masters-Newton
Jana Plowman
Kyle Foster
Franci Hart
Heather Sessing
Vinay Thottunkal

Genie Bryant
Rob Duran
Bill Parker
Elizabeth Salomone