

ST. PAUL'S MUSIC SOCIETY
Presents THE FALL 2019 SEASON
In the Cathedral



Sunday, September 8, 5:00 pm
Choral Evensong & Organ Recital
Alvez Barkoskie IV

Tuesday, September 24, 7:30 pm
Brightmusic Concert

Sunday, September 29, 5:00 pm
Choral Vespers: An Order of Worship for the Evening

Sunday, October 13, 5:00 pm
Choral Evensong &
Organ Recital
Josh Dumbleton



Sunday, November 10, 5:00 pm
Choral Evensong &
Organ Recital
Rebecca te Velde



Tuesday, November 12, 7:30 pm
Brightmusic Concert

Sunday, November 17, 4:00 pm
Windsong Chamber Choir in Concert

Sunday, December 8, 5:00 pm
Choral Evensong & Organ Recital
Keith B. Williams

Sunday, December 29, 5:00 pm
Choral Vespers: An Order of Worship for the Evening

Sunday Services

New! September 29 Sam Kahre, Cellist @ 8, 9, 11 am
October 6 Gaye LeBlanc Germaine, Harpist @ 8am
November 10 Gaye LeBlanc Germaine, Harpist @ 8am
December 1 Gaye LeBlanc Germaine, Harpist @ 8am

1st Sundays @ 11 am ***Begins October 6***
Choral settings of the Mass

September 14 Update



OTHER IMPORTANT DATES

September 8	Stewardship 2020 Kick-Off <i>Envisioning a New Song</i>
October 27	Ingathering
November 27	Thanksgiving Stewardship

September 14 Update

ADULT
FORMATION
ST. PAUL'S CATHEDRAL
FALL, 2019



September 14 Update

Health for Body, Mind & Soul



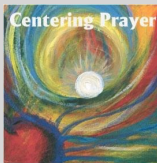
Health Fair
Sunday October 6, 10:10 am
Many health exerts will be here to help us become more aware of caring for our bodies.
Flu shots will be available. **Dean Willey Hall**
Organized by Deacon Marilyn Robertson



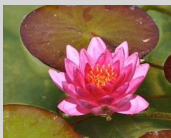
Introduction to Qigong & Mindfulness
Thursdays 1-2 pm Begins October 3
Introductory course in a traditional 18 movement Tai-chi form combined with a mindfulness meditation. Beginners are welcome. **Dean Willey Hall**
Facilitated by Dan Morgan, Bill & Meredith Cunningham



The Blessings of Aging **New!**
Tuesdays 1:30-3:00p.m. Sept. 10, 17, 24 & Oct. 1
Based on Joan Chittister's best-selling book, *The Gift of Years*, this class explores the years of maturation with fresh eyes: joy for what has been & optimism for what is to come. **Parlor**
Facilitated by MaryAnn Sonntag



Centering Prayer
Saturdays 9:30 am Begins October 12
In centering Prayer we join God in the language of silence. This group is open to all. Beginners are welcome.
Parlor
Facilitated by Cynthia Jones



Lectio Divina
Monday 12-1:00 pm Begins September 9
Wednesday 6-7:30 pm Begins October 9
Thursday 11-12:00pm Begins October 3
Anyone yearning to grow closer to God is welcome to join this ancient practice with its rhythm of reading scripture, silence and reflection. **Parlor**
Facilitated by the Rev. Janie Kirt Morris, the Rev. Michaele Lavigne, Cynthia Jones, Debbie Butcher, Janice Eberhard, & Karen Meites

September 14 Update

ADULT FORMATION
St. Paul's Cathedral
FALL, 2019

Episcopal Spirituality 101 **New!**

What Episcopalians Can Learn from Baptists (and vice versa)
With Father Tim Sean Youmans & Friends
Everyone is welcome, especially those new to St. Paul's. **Dean Willey Hall**

Forums on Sundays at 10:10:
September 15 Baptist Hymns with Richard Jobe, Casady Organist
September 22 Culture of "Decision"
September 29 Conversion: Before & After

(October 6 Health Fair)

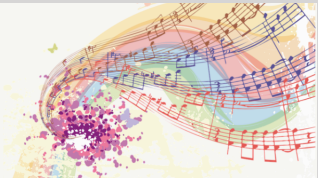
October 13 Separation of Church & State
October 20 Education & Biblical Knowledge
October 27 Tithing & Stewardship

Coming in December:
Inquirers' Class **New!**

Inquirers' Class is offered for those who are inquiring into the Episcopal Church and especially for those new to St. Paul's Cathedral & considering Confirmation. **Parlor**
December 1
December 8
December 15
December 22

September 14 Update

Opportunities to Enlarge
Your Liturgical Life **New!**



Morning Prayer 9:00-9:30 am
Saturdays Begins October 12
Morning prayer is one of the forms of The Daily Office found in the Book of Common Prayer. It links us to our ancient Monastic heritage. The Daily Office is useful in community life as well as a personal tool in the exploration of our faith journey. **St. Nicholas Chapel**

Sung Vespers. 5:00 pm Fifth Sundays
Sung Vespers is a well established Office and at St. Paul's we are combining this Office with our beautiful music offerings. Sung Vespers will be offered on Fifth Sundays. **Cathedral**

September 29
December 29

Opportunities for Adults Wishing to Enlarge
an Understanding of Scripture



The Bible Project
Episcopalians read a goodly portion of scripture every Sunday in worship, but often don't have a larger framework for how the scriptures lead to Jesus. The Bible Project reads communally through the scriptures on Sunday afternoons. All are welcome.

The Bible Project meets First and Second Sundays at 4:00 pm at **St. Paul's in Dean Willey Hall**

The Bible Project meets Third and Fourth Sundays at 4:00 pm at **The Twisted Spike, (1 Northwest 10th St.)**

September 14 Update